



PERSONAL TRAINING PRICE SHEET

Personal Training:

60 minutes	\$60.00
4 – 60 minute sessions	\$234.00
6 - 60 minute sessions	\$335.00
10 – 60 minute sessions	\$450.00

Small Group training Sessions (3-6persons):

1 - 60 minute small group session	\$30 per person
4 – 60 minute small group sessions	\$120 per person

Apprentice Personal Training

60 minutes	\$30
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Seasoned Apprentice Personal Training

60 minutes	\$45
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